

RECIPE:
Serves 8

Fresh Asian Salad

Ingredients:

- * 1 Small head of cabbage
- * 1 Large zucchini grated
- * 2 Large carrots grated
- * 3 Stalks of green onions chopped
- * 1 Red, yellow, or orange bell pepper diced
- * 3 Tangerines peeled and sectioned

Options:

- * 2 Cups cooked chicken, cubed
- * 1 Cup of cooked organic chow mein cut

Directions:

- * Mix all ingredients together
- * Toss 3/4 Cup Asian Salad Dressing before serving